

2027

LIVE THE LANGUAGE. BECOME A LOCAL STUDENT.

XPLORA

**HIGH SCHOOL
INTEGRATION
PROGRAMME**

DURING THE ACADEMIC YEAR

1 week to 6 months

LIVE THE LANGUAGE.
BECOME A LOCAL STUDENT.

School integration programme in the USA and UK for students aged 14+

The Xplora High School Integration Programme is a **premium academic immersion** designed for students who want meaningful growth, not just surface-level exposure.

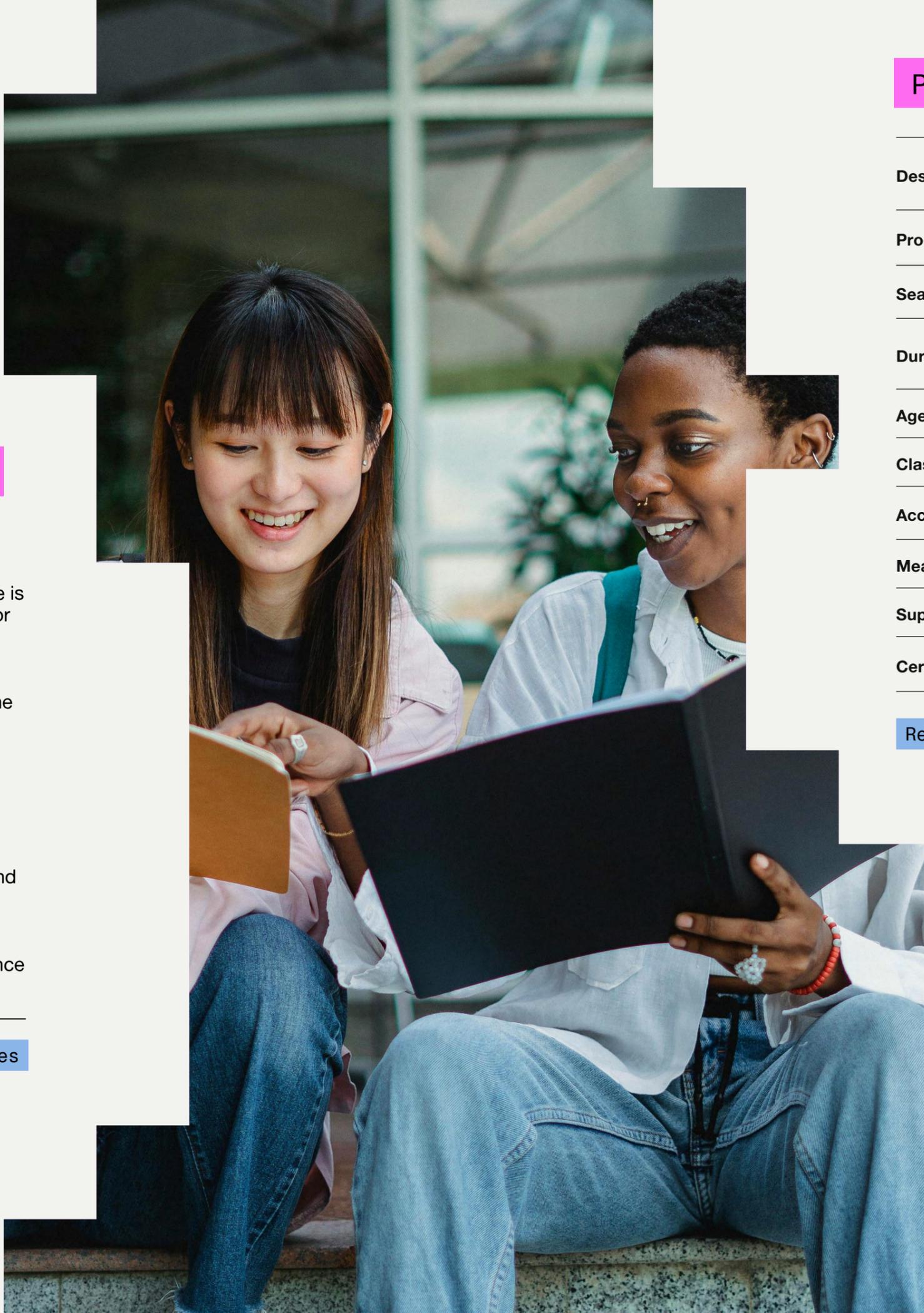
Students are placed in **real local schools** in the USA and the UK, where they study **alongside local classmates** and follow the **same timetable**, expectations and daily routines.

This is not a sightseeing programme or a classroom-only language course. It is a structured school integration experience that helps students develop confidence, maturity and global awareness.

Students return home with stronger English, clearer academic direction and the independence needed for future international education.

United Kingdom

Maine, United States



PROGRAMME SNAPSHOT

Destinations	USA: Washington Academy, Maine UK: Brighton, Bournemouth, Oxford, Eastbourne, Worcester, Swansea
Program type	Full School Integration Programme (real schools, real students, real timetable)
Season	Academic-year entry dates, aligned with partner school calendars
Duration	1–4 weeks: Cultural exposure 4–8 weeks: Academic adjustment 3–6 months: Transformative experience
Age	from 14 years old
Class size	1:18 on average
Accommodation	Carefully examined host families or supervised residential accommodation
Meals	full board (3 meals daily)
Support	24/7 supervision and local support teams
Certification	Xplora Programme Certificate plus partner organisation confirmation

Real schools. Real timetable.

FROM FIRST DAY TO FULL INTEGRATION

The High School Integration Programme is designed as a progressive experience, allowing students to grow step by step depending on the length of stay.

Short stays | 1–4 weeks

focus on cultural exposure, building confidence in listening, and enjoying social interaction in English.

Mid-length stays | 4–8 weeks

give students the chance to adapt academically, understand classroom expectations, and communicate more naturally with classmates.

Longer stays | 3–6 months

support deep personal growth, independence, maturity and full integration into school life.

Rather than observing school life, students actively participate in it - academically, socially and culturally.

“Studying on this program felt exciting and real. I was part of a local school, made friends from around the world, and learned so much just by living and learning every day.”



QUALITY AND SUPPORT IN EVERY DESTINATION

Every Xplora destination is built on the same proven structure.

Real School Integration

Students are fully integrated into local schools. They learn alongside local classmates and take part in everyday school life, rather than being placed in separate international classes.

This creates a more authentic experience and helps students build confidence, friendships, and real-world language skills.

Safety, Care and Ongoing Support

Students stay in safe, carefully selected accommodation with clear supervision, and receive ongoing support from trained local coordinators throughout their stay.

- Formal guardianship and welfare responsibility throughout the stay
- 24/7 emergency support line for students and parents
- Regular student check-ins and wellbeing monitoring
- Pre-approved, background-checked accommodation
- Supervised school days, activities and evening routines

What changes is the experience

the school culture, the lifestyle, and the local community that surrounds them. This allows students to choose a location that truly suits their personality, interests, and future goals.

DURING THE
ACADEMIC YEAR

3 weeks to 6 months

LEARNING THE AMERICAN WAY AT WASHINGTON ACADEMY

The USA Integration Programme is designed for students who benefit from an open, discussion-based and confidence-building learning style.

American classrooms encourage...

- Active discussion and classroom participation
- Presentations, debates and project work
- Continuous assessment rather than exams
- Developing communication and leadership skills

At Washington Academy, students are supported to speak up, express opinions and collaborate with peers - even if they are initially shy or unsure.

Best suited to students who...

want to build confidence in speaking English, learn most effectively through interaction and feedback, and are preparing for international or North American education systems.

Key Facts - USA Integration

- Location: Washington Academy, Maine
- Age: 14+
- Duration: 3 weeks to 6 months
- Start dates: During the academic year
- Accommodation: Supervised residence
- Support: Local coordinator, welfare monitoring and 24/7 emergency contact

Washington Academy, Maine

UNITED STATES

WASHINGTON ACADEMY

Washington Academy offers a safe boarding campus, strong supervision, and full integration into school life.

As part of school life, students attend regular American classes alongside local classmates, studying core subjects and electives where available.

Beyond the classroom, they take part in sports, clubs and student-led activities, becoming fully involved in the wider school community.

What the campus offers:

- Modern classrooms in historic buildings
- Science labs and specialist learning spaces
- Gymnasium, sports fields and courts
- Fine arts building and large music hall
- Safe, structured boarding environment
- Easy access to outdoor and coastal activities

MINIMUM 3 WEEKS

on-campus accommodation

MAINE, USA



A TYPICAL SCHOOL DAY

> Mornings - Interactive learning

Mornings focus on small, discussion-based classes where students are encouraged to speak, share ideas and work together.

- Presentations and active participation
- Teachers guide rather than lecture
- Assessment is based on participation and projects, not exam pressure

> Afternoons - Holistic development

Sports, arts and clubs are part of the school day, not treated as extras, with a strong focus on teamwork and social skills. Students can also take part in student-led groups, developing communication and leadership skills.

> Evenings - Balanced independence

Evenings follow a supervised routine that encourages responsibility and time management. Students have space for homework, reflection and relaxed social time, helping them balance academic progress with community life.

WHAT IS INCLUDED IN USA PROGRAMMES

- ✓ Placement as a fully integrated student in a local school
- ✓ Full academic timetable with local classmates
- ✓ Accommodation in a supervised residence
- ✓ Full board (three meals daily)
- ✓ Formal guardianship and welfare support
- ✓ Local coordinator and on-ground assistance
- ✓ 24/7 emergency contact for families

OPTIONAL EXTRAS

- ✗ International flights
- ✗ Local transport pass (if required)
- ✗ Personal spending money
- ✗ Optional excursions or weekend travel
- ✗ Travel insurance



USA

“

My Washington Academy experience was full of laughter, learning, and being part of a welcoming community. I grew in confidence, excelled academically, and made memories I'll never forget, from winning math competitions to playing on the state championship tennis team. Washington Academy was the right choice for me and gave me the courage to keep trying new things and overcome any obstacle.

— Tram “Tina” Pham



DURING THE
ACADEMIC YEAR

1 week to 6 months



DISCOVER UK SCHOOL LIFE

The UK Integration Programme is designed for students who thrive in a structured, disciplined and academically traditional environment.

Students experience British school culture as it truly is, with clear expectations, consistent routines and a strong sense of tradition.

Who this programme suits best

This programme is especially suitable for students who prefer structured learning and clear rules, are preparing for exam-oriented education systems, and want to experience British academic culture and values first-hand.

Key Facts - UK Integration

- Locations: Brighton, Bournemouth, Oxford, Eastbourne, Worcester, Swansea
- Age: 14+
- Duration: 1 week up to 6 months
- Start: Academic year entry, subject to school approval
- Accommodation: Host family or residential accommodation
- Support: Guardianship and welfare support, 24/7 emergency contact

Brighton Bournemouth Oxford

Eastbourne Worcester Swansea

UNITED KINGDOM

A TYPICAL SCHOOL DAY IN THE UK

Mornings — Structured academic focus

- Formal lessons led by subject specialists
- Emphasis on note-taking, written work and academic discipline
- Clear learning objectives in each class
- More formal assessment helps students prepare for exam-focused education systems

Afternoons — Academic continuity

- Continued lessons or supervised study sessions
- Limited but purposeful extracurricular activities
- Focus on academic consistency and responsibility

Evenings — Routine and reflection

- Homework and revision as part of daily routine
- English practice through structured family interaction



UK

UK DESTINATIONS

> Brighton

A lively seaside city known for its creativity and relaxed atmosphere. Brighton is popular with students who enjoy the coast, music, independent shops and a vibrant, international feel.



> Bournemouth

Set along the south coast, Bournemouth combines long beaches with a friendly town atmosphere. It's a great choice for students who enjoy outdoor activities and a balanced, welcoming environment.

> Oxford

Historic and academic, Oxford is famous for its world-class university and beautiful architecture. Ideal for students who enjoy tradition, learning and a more classic English setting.

> Eastbourne

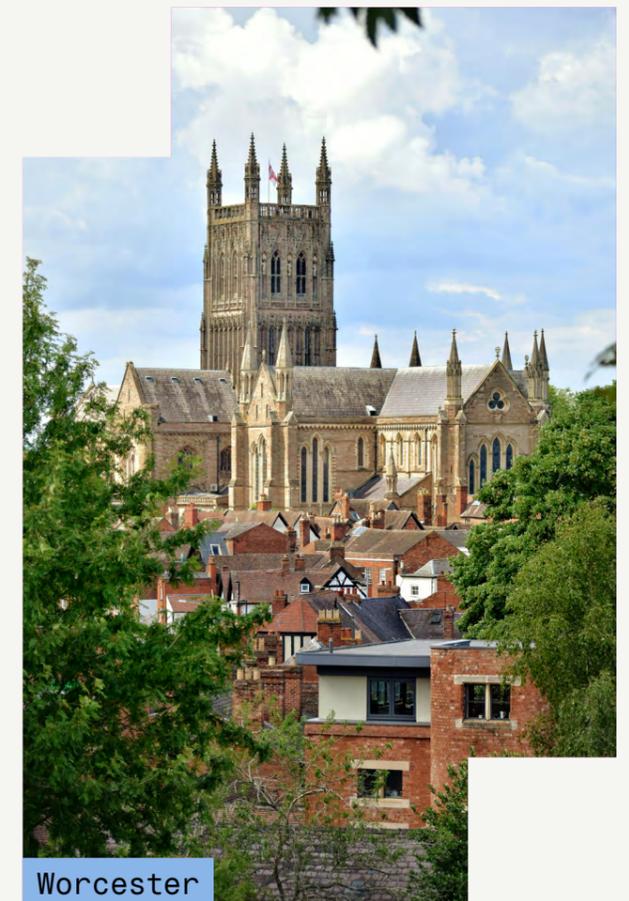
Calm, coastal and close to nature, Eastbourne offers a quieter experience by the sea. It suits students who prefer a relaxed pace and a close-knit community feel.

> Worcester

A traditional English city with a strong local identity, Worcester combines history, green spaces and everyday British life. A good option for students looking for an authentic, less tourist-driven experience.

> Swansea

Located on the Welsh coast, Swansea offers dramatic scenery, beaches and a strong sense of local culture. It's ideal for students who enjoy nature, outdoor activities and discovering a different side of the UK.



WHAT IS INCLUDED IN UK PROGRAMMES

- ✓ Full school placement with local students
- ✓ Academic timetable aligned with host school
- ✓ Accommodation with a carefully selected host family
- ✓ Full board (three meals per day)
- ✓ Guardianship and welfare support
- ✓ Local coordinator and emergency assistance

OPTIONAL EXTRAS

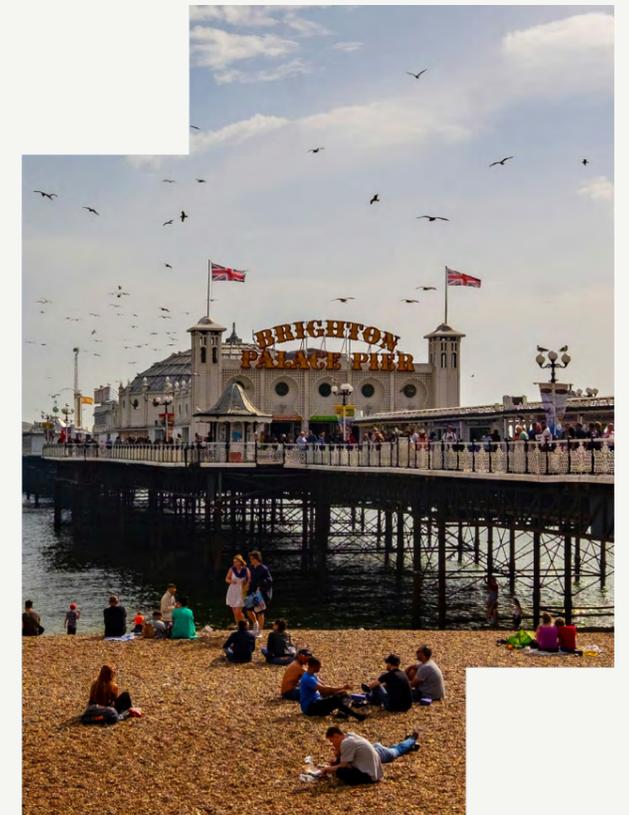
- ✗ International flights
- ✗ Local transport costs (where applicable)
- ✗ Personal expenses
- ✗ Optional excursions
- ✗ Travel insurance



“

My time in Brighton was an amazing mix of school life, independence and feeling truly welcomed. Studying alongside British students helped my English improve quickly and made me much more confident speaking in class. Living with a host family showed me what everyday life in the UK is really like. This experience made me realise I'd love to go to university in the UK one day, and it gave me the confidence to believe I can do it.

— Sofia, 16



UK

SUPPORT, SAFETY & STUDENT SUCCESS

A successful experience abroad starts with the right preparation and the right support.

Xplora programmes are carefully designed to ensure students are ready to thrive and that parents feel confident every step of the way.

PARENT ASSURANCE

Xplora understands that sending a child abroad is a big decision.

That's why every programme is built around strong safeguarding, clear communication, and ongoing personal support.

Parents can expect:

- Formal guardianship and a clear duty of care throughout the programme
- A dedicated local coordinator responsible for student wellbeing
- Regular wellbeing check-ins to ensure students feel settled and supported
- Clear support systems if a student needs academic or emotional guidance
- 24/7 emergency contact access for parents and guardians

Students are never expected to handle challenges alone. With trusted adults providing support locally, families can feel confident help is always nearby.



ENTRY CRITERIA

To help every student successfully integrate into a local school, Xplora carefully reviews each application. This ensures the right match between student, school, and destination.

All students:

- Complete an English level assessment before acceptance
- Must demonstrate sufficient listening and speaking ability to follow lessons
- Are assessed for age-appropriate maturity and readiness to join a local school community

LEARNING OUTCOMES

By the end of the Xplora High School Integration Programme, students return home with skills and experiences that stay with them long after the programme ends.

Students:

- Communicate confidently in English in both academic and everyday situations
- Adapt more easily to new education systems and cultural environments
- Show greater independence, responsibility, and maturity
- Develop intercultural understanding valued by schools and universities
- Gain a meaningful international life experience that broadens their future opportunities

Empowering
learners worldwide
to shape the future.

XPLORA

[UK OFFICE]

T: +44 (0) 747 3979 199

E: info@xplorainternational.org

W: xplorainternational.org